

Recovery 101 and Peer Support 101

DATE & TIME:

October 19, 2016

8:30 AM - 4:30 PM

All DMH registration is completed on the Learning Net prior to the training. Non-DMH participant registration is completed and sent to the Office of Consumer and Family Affairs. Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.

PLACE:

**Mental Health America
Antelope Valley Enrichment Services
506 W. Jackman St.
Lancaster, CA 93534**

PARKING:

**Limited Onsite Parking – Carpool is highly recommended
(Please park on non-designated parking spaces)
Street Parking
(Please be mindful of the street cleaning signs)**

This training combines two parts of workforce integration support and education for peer workers and their managers: Recovery 101 and Peer Support 101. The morning segment of this course will cover the foundation of recovery as it relates to mental health. Participants will learn how the recovery model differs from the traditional medical model and how this Recovery model can be beneficial to peer workers as well as the mental health system. The afternoon segment will focus on core competencies for peer staff to guide the service delivery and promote best practices. Additional topics will include the roles and functions of peer employees and how peers can use their lived experience effectively to benefit the mental health consumer and family members. Common challenges experienced by staff supervising peers will also be discussed.

TARGET AUDIENCE:

Peer staff, volunteers, case managers, clinicians and management from DMH directly operated and contracted programs

OBJECTIVES:

As a result of attending this training, participants should be able to:

1. Define and understand the meaning of recovery.
2. Identify key components of recovery, including person-centered and client-driven care.
3. Identify barriers to recovery and ways to overcome them.
4. State ways to establish and strengthen a recovery-oriented Workplace.
5. Define the role of peer workers.
6. List the core competencies for peer workers.
7. Identify challenges in integrating peer workers and ways to overcome these challenges.
8. Describe the standards for peer certification.

CONDUCTED BY:

**C. Rocco Cheng, Ph.D.
Rocco Cheng and Associates**

COORDINATED BY:

**Anna Perne, LCSW, Training Coordinator
Email: aperne@dmh.lacounty.gov**

DEADLINE:

When maximum capacity is reached

**CONTINUING
EDUCATION:**

None

COST:

None

**DMH Employees register at:
<http://learningnet.lacounty.gov>**

**Non DMH staff complete
attached training application**



County of Los Angeles Department of Mental Health
NON-DMH STAFF TRAINING APPLICATION FORM
Please Print or Type



Instructions

Each individual must complete a separate application form for each training he/she wishes to attend. Please complete the application in full. Applications will not be processed with incomplete or inaccurate information. Notification of registration confirmation for a training will be provided by the training coordinator. Unless otherwise specified, walk-in registrations will not be admitted.

For trainings, sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be permitted.

This form is not to be used for LPS Designation Training. The LPS Application is available at lacdmh.lacounty.gov/training&workforce.html.

Training Title: **Recovery 101 and Peer Support 101**

Date(s) **October 19, 2016**

Training Coordinator **Anna Perne**

County Employee Number

(non-county employees supply the last four digits of the SSN)

Name

Program, Service or
Agency

Job Title

Address

City

Zip Code

Telephone

Email

License or Credential Number(s) (complete as many as applicable)

CAADAC

LCSW

LPT

LVN

MD

MFT

Psychologist

RN

IF APPLICABLE, Supervisor's Approval (Applications will not be processed if not signed by supervisor)

For processing, please return Application to:
Anna Perne, LCSW
County of Los Angeles – Department of Mental Health
Office of Consumer and Family Affairs

Print Supervisor Name

Fax: (213) 252-8767

Phone: (213) 381-8546

Email: aperne@dmh.lacounty.gov

Supervisor's Signature

(When faxing, there is no need to use a cover sheet)